

# The Adventures of **ADAORA**

Stories to teach children about body boundaries.





# The Adventures of ADAORA

Stories to teach children about body boundaries.

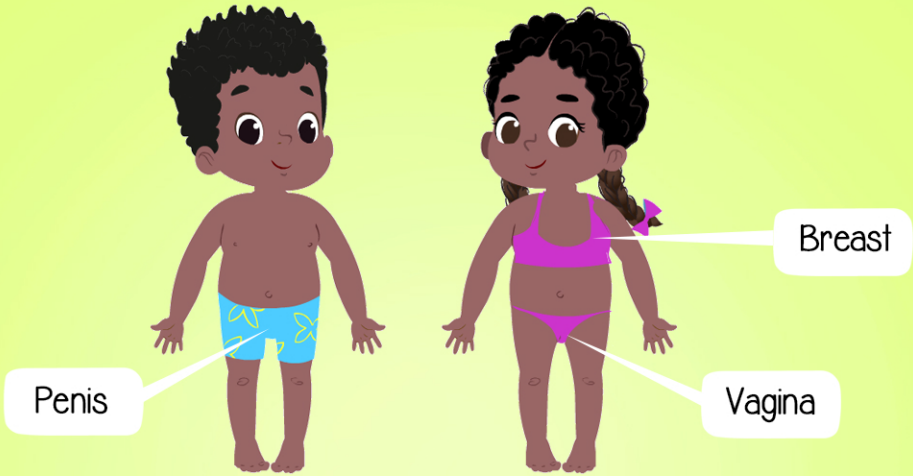
© 2021 The Cece Yara Foudation

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or be transmitted in any way or by any means, photocopying, electronic, mechanical, recording or otherwise without the prior permission of the copyright holder.

ISBN: 978-978-992-064-8

All correspondences should e addressed to  
**The Cece Yara Foudation**  
info@ceceyara.org

# Do we know the proper names for the private parts of our bodies?



# Mummy what is this?

“What is this?” 5-year old Adaora asked her mum that morning as they bathed her baby brother.

Adaora’s mum smiled and looked at curious Adaora before answering.



“Well Ada baby, this is what your brother pees with. It is called a penis.”



“But why don’t I have it?”  
Adaora asked with a  
frown.



Adaora’s mum  
laughed and said.  
“That’s because  
you are a girl.”

“Girls have a  
vagina and boys  
have penises”.

“Oh I see” Adaora  
said while scratching  
her head.



"Boys and girls are a bit different". Her mum replied.



"Oh like how you have breasts and daddy doesn't?"  
Adaora said.

Her mum smiled before saying, "Yes something like that".



"When you grow older, I will tell you more. Now, can you please help me dress up your brother?"



# Adaora's Neighbour

One sunny afternoon, Adaora was playing in her compound with other children when her neighbour uncle Jude called her.


Adaora can you please buy me a drink from Musa's shop?

Okay sir.



(Happily, she skipped away.)





Here is the drink sir.

Do you want some?

No thank you sir. Can I go now?

"Wait a minute. Come and sit beside me. You are a big girl now o Ada.

(He said as he puts his arm around her shoulder before touching her breast area).

Please sir, I want to join my friends outside.

Ok no problem. Take this money, use it to buy biscuit for yourself. Ada, do not tell anyone what happened here. It is our little secret.





Later that evening,  
Ada told her mum  
what happened.

You are a good girl for reporting,  
it means you listened to me when  
I told you that adults should  
never ask children to keep  
secrets. Good job!



What Uncle Jude did is wrong.  
I will make sure he is punished  
for it. No adult should touch  
your breast or ask you to  
keep a secret.



# Adaora helps Lara

Adaora was on her way home after school one afternoon when she saw her neighbour, Lara, sitting by the school gate.

"Why are you sitting here? Are you not going home?" Adaora asked.

"I want to wait a little."  
Lara replied.



"Why? School is over already, let's go." Adaora said.

"Okay, but can I stay in your place till my parents get back from work?" Lara asked.

"Why? Is there no one in your house?" Adaora asked.

"Cousin Ade is at home, but I don't want to go home till my parents get back" Lara replied.

"Okay o, let's go then" Adaora said.



This was not the first time Adaora had persuaded Lara to go home after school, neither was it the first time Lara had begged to stay at Adaora's house rather than go home after school.

Later that evening, Adaora told her mum about Lara's behavior.

Adaora's mum went on to ask Lara why she preferred to stay in school rather than come back home early.

"It's because of Cousin Ade. Every time we are alone, he touches me. Sometimes, he will hit my bum-bum. I have told him I don't like it, but he won't stop."



“Have you reported him to your mum?”  
Adaora’s mum asked.

“No ma” Lara replied.

Well, then I am going to speak to your  
mum once she gets back.”

“Please ma, don’t tell her she might  
beat me” Lara said tearfully..

She won’t I promise. Adora’s mum replied.



"Adaora! Your mum was right! My mum didn't beat me. She believed me and Cousin Ade no longer lives with us."  
"Lara said the next day when she saw Adaora.




"Well done Lara, you did the right thing by reporting your cousin Ade. My mummy says no one should touch us like that." Adaora replied.



# Adaora's brother speaks up

A week ago, Adaora heard her 12-year old brother Chika talking to their mum.



"I don't want to attend my evening lessons again," Chika said.

"Why?" His mum asked.

"I don't want to mummy. Please don't make me go back to Aunty Kemi's place for my lessons" He begged.

"Well, you can't just say you don't want to go for your lessons" His mum said.



"Mummy please don't make me go there," Chika said with a teary voice.

"Chika is there something you are not telling me?" his mum asked as she pulled him in for a hug.

"Mummy, don't make me go there please" He said.

"Did Aunty Kemi do something to you? You can tell me." His mum said.

"I can't tell you. She said if I do bad things will happen to me" He replied with a shaky voice.

"That's not true, nothing bad will happen. I will protect you. Tell me" She replied.



"I don't want to go there anymore. Every time I do she touches me down here,"

A shocked Mrs. Joyce hugged Chika and promised to get his aunty punished.

His mum reported what Aunty Kemi did to the nice police officers at the Police Station."



Aunty Kemi was arrested for her behavior.





# The Jolly

I can't believe you are 10 already, my Ada Baby"  
Adaora's mother said to her as she dressed  
her up for her 10th birthday party.


"I am a big girl now mummy"  
Adaora replied.

"Oh! Look at my big baby"  
Adaora's mother quickly  
added



Adaora looked  
so excited.



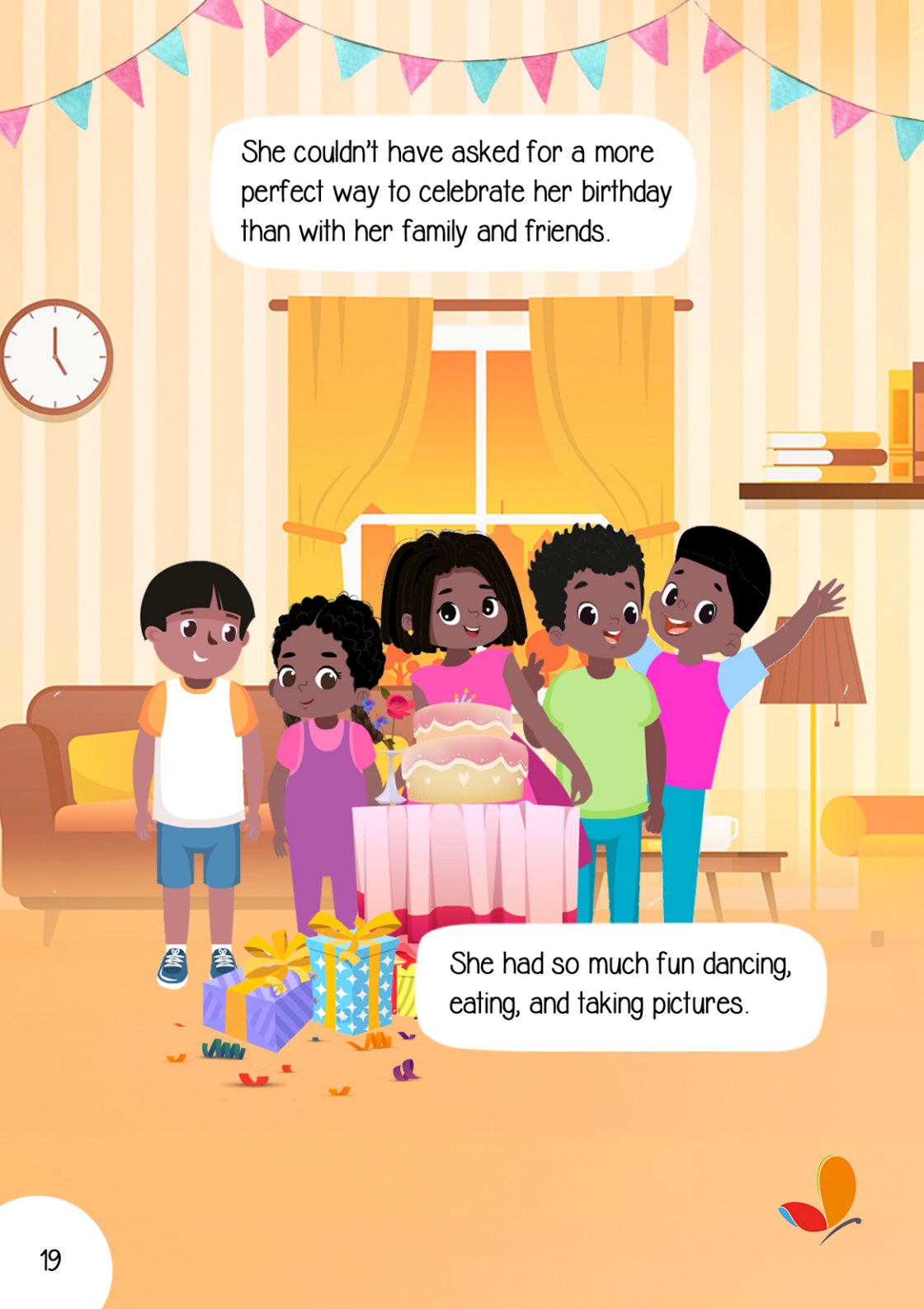


She had waited for this day for months. Her party looked just like she wanted it to be.

She was happy to see her friend Lara and her brother. They looked happier especially Chika since the last time she heard him reporting to their mum.

Lara looked more confident. She was no longer that scared girl that didn't want to go home after school.





She couldn't have asked for a more perfect way to celebrate her birthday than with her family and friends.

She had so much fun dancing, eating, and taking pictures.



That evening, after everyone had gone home, Adaora and her family sat in front of the TV as they ate what was left of her birthday cake.

"Adaora, I am so proud of you. You have really grown up to become a brave young girl." her mum said.

"Thanks mum"  
Adaora replied.

Adaroa's dad placed his right hand on Chika's shoulder before saying "Chika, I hope you know we are also proud of you? For speaking up and confiding in us. It shows you are a strong young man and I want you to keep it that way my son"

"I promise to never change sir"  
Chika replied.

Adaora's dad and mum had a huge smile on their faces as they looked at their two children who were busy eating cake and watching TV.



# NOTES

A series of 20 horizontal lines for writing notes, each followed by a light-colored shaded area. The lines are colored in a repeating sequence: teal, blue, yellow, brown, orange, green, purple, and dark green. The shaded areas are light yellow, light blue, light green, light purple, light brown, and light teal.



THE CECE YARA  
FOUNDATION  
*...save the child.*



CHILD ADVOCACY CENTRE, LAGOS  
2A, Akin-Ogunmade Davies Close,  
Gbagada Phase 2, Lagos.

CHILD ADVOCACY CENTRE, ABUJA  
House D2, Salatu Royal Estate,  
Wuse 2, Abuja

CHILD COMMUNITY CENTRE  
114 Gaskia Road, Ijora Badia,  
Ajeromi-Ifelodun, Lagos.

✉ [info@ceceyara.org](mailto:info@ceceyara.org)

🌐 [www.ceceyara.org](http://www.ceceyara.org)

Supported by



ISBN: 978-978-992-064-8